



**OUR LADY OF THE CRAYS RC CHURCH, CRAY VALLEY**  
312 High Street, St Mary Cray, Kent BR5 4AR



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Parish Priest Email: [cyriacusokafor@rcaos.org.uk](mailto:cyriacusokafor@rcaos.org.uk)  
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**Parish Priest: Fr. Cyriacus Okafor**  
**Deacon: Reverend Longinus Anyanjo**  
**Parish Secretary: Dominica Winter**

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**PRIMARY SCHOOLS**

**St. Philomena's**  
Tel: 01689 826550  
Chelsfield Road, BR5 4AD  
Head Teacher: Miss V Maher

**St. Peter & St. Paul**  
Tel: 01689 828208  
St Paul's Wood Hill, BR5 2SR  
Head Teacher: Miss Everson

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**Our Lady's Pre-School - [www.ourladyspreschool.net](http://www.ourladyspreschool.net)**  
Manager: Anne-Marie Glancy Tel: 01689 872495/ Mob: 07983 660589

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**To hire the Parish Hall for any event please contact: 01372 457651**

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**SUNDAY 7<sup>TH</sup> JUNE 2026**  
**THE SOLEMNITY OF THE MOST HOLY BODY AND**  
**BLOOD OF CHRIST (CORPUS CHRISTI)**

*'Truly, truly, I say to you, unless you eat of the flesh of the Son of Man and drink his blood, you have no life in you. Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day.'* (John 6: 53-54)

"Unless you eat the Flesh of the Son of man and drink His blood, you have no life in you. He who eats my Flesh and drinks my Blood will have life to the fullest" (John 6:53-54). These words are the basic foundation on which the Feast of the Body and Blood of Christ, which we celebrate this Sunday, is firmly based. In the First reading, God sustains the lives of the Israelites in the desert by feeding them with 'Manna', which foreshadows the life-giving bread that Christ gives us in the Eucharist. In the Gospel, Christ reminds us that partaking of the Eucharist worthily, is a basic requirement for one to have eternal life.

As Christians we participate in the Body and Blood of Jesus through the Sacrament of the Eucharist, which is a Meal, Sacrifice and Real Presence of Christ in our lives. May the worthy reception of the Body and Blood of Christ not only bring us spiritual and material nourishment, but may it also open the floodgates of blessings, joy and peace in our lives and families. Happy Solemnity of Corpus Christi!

### **Confiteor (I Confess)**

**I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore, I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.**

### **Kyrie, eleison.**

Lord, have mercy	<b>Lord, have mercy.</b>	Kyrie, eleison	<b>Kyrie, eleison.</b>
Christ, have mercy	<b>Christ, have mercy.</b>	Christe, eleison	<b>Christe, eleison.</b>
Lord, have mercy	<b>Lord, have mercy.</b>	Kyrie, eleison	<b>Kyrie, eleison.</b>

### **The Gloria**

**Glory to God in the highest,  
and on earth peace to people of good will.**

**We praise you, we bless you, we adore you, we glorify you,  
we give you thanks for your great glory.**

**Lord God, heavenly King, O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,**

**Lord God, Lamb of God, Son of the Father,**

**You take away the sins of the world, have mercy on us;  
you take away the sins of the world, receive our prayer;  
you are seated at the right hand of the Father, have mercy on us.**

**For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory  
of God the Father. Amen**

### **LITURGY OF THE WORD**

#### **First Reading: A reading from the Book of Deuteronomy 8: 2-3, 14b-16a**

Moses spoke to the people: You shall remember the whole way that the Lord your God has led you these forty years in the wilderness, that he might humble you, testing you to know what was in your heart, whether you would keep his commandments or not. And he humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know, that he might make you know that man does not live by bread alone, but man lives by every word that comes from the mouth of the Lord.

Do not forget the Lord your God, who brought you out of the land of Egypt, out of the house of slavery, who led you through the great and terrifying wilderness, with its fiery serpents and scorpions, and thirsty ground where there was no water, who brought you water out of the flinty rock, who fed you in the wilderness with manna that your fathers did not know.

**The Word of the Lord.      *Thanks be to God.***

#### **Responsorial Psalm: Ps 147: 12-13, 14-15, 19-20**

***Response: O Jerusalem, glorify the Lord!***

O Jerusalem, glorify the Lord!

O Sion, praise your God!

He has strengthened the bars of your gates;

he has blessed your children within you. **R**

He established peace on your borders;  
he gives you your fill of finest wheat.  
He sends out his word to the earth,  
and swiftly runs his command. **R**

He reveals his word to Jacob;  
to Israel, his decrees and judgements.  
He has not dealt thus with other nations;  
he has not taught them his judgements. **R**

**Second Reading: A reading from the First Letter of St. Paul to the Corinthians 10: 16-17**

Brothers and Sisters: The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread.

**The Word of the Lord.        *Thanks be to God.***

**Gospel Acclamation**

**Alleluia, alleluia!**

I am the living bread that came down from heaven, says the Lord.  
If anyone eats of this bread, he will live for ever.

**Alleluia!**

**THE GOSPEL: A reading from the Gospel according to John 6: 51-58**

At that time: Jesus said to the Jews, 'I am the living bread that came down from heaven. If anyone eats of this bread, he will live for ever. And the bread that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?'

So Jesus said to them, 'Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. For my flesh is true food, and my blood is true drink. Whoever feeds on my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me. This is the bread that came down from heaven, not like the bread the fathers ate, and died. Whoever feeds on this bread will live for ever.'

**The Gospel of the Lord.        *Praise to you, Lord Jesus Christ.***

**The Nicene Creed**

**I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.**

**I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit (*all bow*) was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living**

and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

### **THE LITURGY OF THE EUCHARIST**

Pray brothers and sisters, that my sacrifice and yours may be acceptable to God, the Almighty Father.

**May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

#### **SANCTUS**

##### **English**

**Holy, Holy, Holy Lord God of hosts.**

**Heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of**

**the Lord.**

**Hosanna in the highest.**

##### **Latin**

***Sanctus, Sanctus, Sanctus  
Dóminus Deus Sábaoth***

***Pleni sunt caeli et terra glória tua.  
Hosána in excélsis.***

***Benedíctus qui venit in nómine***

***Dómini.***

***Hosána in excélsis.***

We shall pray **Preface of the Solemnity of the Most Body and Blood of Christ** and say **Eucharistic Prayer III**

#### **The Mystery of Faith**

**When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.**

##### **English**

**Lamb of God, who takes away the sins of the world, have mercy on us.**

**Lamb of God, who takes away the sins of the world, have mercy on us.**

**Lamb of God, who takes away the sins of the world, grant us peace.**

##### **Latin**

***Agnus Dei, qui tolis peccata mundi, miserere nobis.***

***Agnus Dei, qui tolis peccata mundi, miserere nobis.***

***Agnus Dei, qui tolis peccata mundi, dona nobis pacem.***

***O Sacrament most Holy, O Sacrament Divine,  
All praise and all thanksgiving, be every moment thine (x 3)  
what they promise, through the same Christ our Lord. Amen.***

**Hail Holy Queen: Hail, Holy Queen, Mother of Mercy. Hail our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, O most gracious Advocate, thine eyes of mercy towards us and after this our exile, show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary.**

**Priest:** Pray for us, O Holy Mother of God;

**People: That we may be made worthy of the promises of Christ.**

**Priest:** Let us pray

**O God, whose only-begotten Son, by his life, death and resurrection has purchased for us the rewards of eternal life; grant, we beseech you, that by meditating on these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.**

## PARISH INFORMATION, FAITH NEWS & MISSION

**Parish Changes:** In response to a request from the Archbishop, Fr. Cyriacus will be leaving Our Lady of the Crays this summer, ahead of joining his new parish of Mottingham and Chislehurst West in September. Please pray for him and for our parish in this time of change. We will be holding a farewell Mass for Fr. Cyriacus on Friday the 17<sup>th</sup> of July at 7pm.

We look forward to welcoming our new Parish Priest, Fr. Subba Perumalla, in September.

**Charismatics Group:** The Seat of Wisdom Catholic Charismatic Renewal Group will hold their next meeting via Zoom on Sunday the 7<sup>th</sup> of June from 4.30-5.30pm. The Zoom details are Meeting ID: 83889667814, Passcode: 021548. All are welcome.

**Parish Council Meeting:** The next meeting of the Parish Council will take place on Monday the 15<sup>th</sup> of June at 7pm. All members of the Council are encouraged to attend.

**A note from David Philip, Parish Treasurer:** Due to the recent closure of Natwest Bank, Orpington, we will now be using the Post Office to bank our offertory collections. However, the way the Post Office process cash, especially coins, differs from the banks and means an increase in the work of counting and banking Parish funds. To lighten the burden on those who count and bank our collections, I am asking parishioners to stop putting coppers (1 and 2 pence pieces) into the offertory. All other cash is welcome. Thank you for your co-operation.

**Gift Aid:** If you give to the Parish under the Gift Aid scheme you are reminded to check that you pay sufficient tax to cover the amount we reclaim from the Inland Revenue, otherwise we could suffer penalties. For example, if in the year ending 5<sup>th</sup> April 2026 you gave £100 to the parish we have claimed back £25 (25% of your donation) from the Inland Revenue. You must have paid at least this amount of tax. If you have not please contact David Philip on [davidphilip@rcaos.org.uk](mailto:davidphilip@rcaos.org.uk) so that we can rectify the claim. We would like to thank all our Parish Gift Aiders, especially those who signed up for the first time after the recent appeal, The income is significant and of real importance to the Parish.

**Afro-Caribbean Day:** On Sunday the 12<sup>th</sup> of July we will be holding our Afro-Caribbean Day. Please add this date to your diary. More details to follow.

**Building a Better Marriage.** A one-day course for married couples of any age to explore their relationship, deepen communication, and reflect on the Church's call to marriage. No group sharing; all discussion remains private to each couple. 2026 dates (9am-4.30pm): 13 June (Hythe); 27 June (Tooting); 3 October (West Norwood). Booking essential: [mflkent@rcaos.org.uk](mailto:mflkent@rcaos.org.uk)

**Wintershall – The Life of Christ, 16-20<sup>th</sup> June 2026:** Discover the wonder of Jesus' life with an unforgettable event for all the family. The Life of Christ is a play like no other, placing you in the middle of an immersive theatre experience. Join over a hundred actors in the stunning grounds of Wintershall Estate as this magnificent story is movingly recreated with authentic detail in an epic open-air production. Watch the Wedding in Cana, the Feeding of the 5000 and the Last Supper unfold before your eyes. It's the perfect day out for families, faith groups, theatre lovers and schools. Tickets can be booked at <https://www.wintershall.org.uk/event/life-of-christ/> Please note that 16<sup>th</sup> & 17<sup>th</sup> June are schools only days. There is limited availability on Thursday 18<sup>th</sup> & Friday 19<sup>th</sup> June. At present there is availability on Saturday 20<sup>th</sup> June but please book as soon as possible to avoid disappointment. █

**Divine Mercy Novena:** The Divine Mercy Novena will be said at 9am each Friday, before the morning Mass.

**Baptism:** If you are a practicing parishioner and would like to have your child Baptised here, please contact Reverend Longinus on [longinusanyanjo@rcaos.org.uk](mailto:longinusanyanjo@rcaos.org.uk). The next Pathways to Baptism course takes place on the 9<sup>th</sup> and 16<sup>th</sup> of June.

**Mass Offerings:** If you would like to request a Mass in the parish, please take one of the brown envelopes available in the porch and fill in the details on the front. Once complete, you can include your offering and pass the envelope to Fr. Cyriacus or add it to the offertory bag. Please submit your requests in good time.

**Legion of Mary:** The Parish Legion of Mary group meet each Sunday at 12.30pm in the Altar Server's Room. All are welcome to join them.

**St. Vincent de Paul Society:** If there is anyone sick or housebound in the parish that would benefit from regular visits by the SVP, or if there are any families or individuals in need, please contact Gabriel Greenspan on 07958 369383. Confidentiality is assured in all cases.

**New Parishioners:** If you are new to the parish, you are very welcome. Please introduce yourself to Fr. Cyriacus after Mass. If you would like to join our parish database, forms are available in the porch and can be returned to the Parish Office.

### **BANK DETAILS**

For bank transfers to the Parish –  
Account Name: RCAS Cray Valley  
Account Number: 50533401  
Sort Code: 60-16-03

*Thank you for your generosity to your parish.*

### **LIVE STREAMING**

This parish routinely livestreams the 11am Mass on Youtube between 10.30am and 12.30pm on Sundays. You may appear on camera **only** if you approach the altar without prior notice to the recording team during this time. The camera is set to avoid capturing parishioners receiving Holy Communion. If you have any concerns, please speak to the Priest or Communications Team.

## Readings For The Week Ahead:

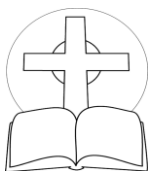
	<b>1<sup>st</sup> Reading</b>	<b>Psalm</b>	<b>2<sup>nd</sup> Reading</b>	<b>Gospel</b>
<b>08/06/26</b>	1 Kings 17:1-6	Ps 121:1-8		Matthew 5:1-12
<b>09/06/26</b>	1 Kings 17:7-16	Ps 4:2-5,7-8		Matthew 5:13-16
<b>10/06/26</b>	1 Kings 18:20-39	Ps 16:1-2a,4,5,8		Matthew 5:17-19
<b>11/06/26</b>	Acts 11:21b-26;13:1-3	Ps 98:1-6		Matthew 5:20-26
<b>12/06/26</b>	Deuteronomy 7:6-11	Ps 103:1-4,6-8,10	1 John 4:7-16	Matthew 11:25-30
<b>13/06/26</b>	Isaiah 61:1-3a	Ps 89:2-5,21-22,25,27		Luke 10:1-9

### **CHURCH MINISTRIES**

	<b>6<sup>th</sup> &amp; 7<sup>th</sup> June</b>	<b>13<sup>th</sup> &amp; 14<sup>th</sup> June</b>
<b>READERS 6PM</b>	G Winter Chima	V Martis A Dsouza
<b>READERS 9AM</b>	C Meaney J Garber	M Quintavalle A Garber
<b>READERS 11AM</b>	P Boateng N Cornelio	T Onwudinjo M McEveney
<b>EUCCHARISTIC MINISTERS 6PM</b>	E North	D Ekpoudom
<b>EUCCHARISTIC MINISTERS 9AM</b>	T Wickenden M Abu	T Meaney M Abu
<b>EUCCHARISTIC MINISTERS 11AM</b>	M Ehiosun F Adewale	N Esong R Anseline
<b>CLEANING</b>	Team 1 – Funmi Adewale	Team 2 – Mary Quintavalle
<b>LINEN</b>	Titi Obende	Funmi Obende

### **PLEASE PRAY FOR THE SICK AND THE HOUSEBOUND**

Please continue to pray for: Alison Hannah, Helen Efemini, Sister Maureen Fay, Mary Mackay, Clara Soares, Jennifer Smith, Mary O'Lone, Eamon Murphy, Shelagh Murphy, File Marku, Douglas Lewis, Terry Wingfield, Salma Lamina, Julie Langford, Alzira Miranda, Stella Hawker, all the Sick Clergy of the Diocese and the housebound of the Parish.



### **BOOK OF REMEMBRANCE – NAMES FOR JUNE**

We remember in our prayers: John Wait, Margaret Plowman, Brigid Colond, Jeanette O'Connor, Julius Okoye, Raymond Parry, Terrence Jarrold, Rolundo Manangan, John Butamanyan, Assunta Freeman, Sheila Edith Lewis, Maureen Gahan, Jim Delaney, Barbara Lynch, Alice Wright, Margaret McCulla, Mary Ashton, Margaret Jackson, Mary Dunleavy, Kathleen Fitzsimons, Dominic Egbukwu, Anne Marie Kearney, Mary-Theresa Lynch, Alice Darla, Gladys Okoye, Susanne Mubi, Paolo Fanucci, Olive Bagust, Gladys Wells, George O'Brien, Angela Spiteri, Thomas Elliott, Bernard Copley, Gabriel Bello, Joyce Lee, Mary Southgate, Moses Shofowuru, Ann Joyce Lee, Mary O'Donnell, Louisa Lobo, John Cafferkey and Mary (Janet) Storer.

## DIARY FOR THE WEEK

<p><b>Sun: June 7: Solemnity of the Most Holy Body and Blood of Christ (A)</b></p> <p>6pm Mass (Sat. Vigil): Mary-Anne McNally, RIP</p> <p>9am Mass: Pro Populo</p> <p>11am Mass: Catherine Ileomoh, 70<sup>th</sup> BT and McEveney Families, GB</p> <p><i>(11am Mass Livestreamed on YouTube)</i></p>	<p><b>Sat: June 13: Vigil of the Eleventh Sunday (A)</b></p> <p>5.15-5.45pm: Confessions</p> <p>6pm Mass (Sat. Vigil): James McNally and Daniel McNally, RIP</p>
<p><b>Mon: June 8: Feria</b></p> <p>8.45am: Exposition of the Bl. Sacrament</p> <p>9.30am Mass: Joseph, Tony and Mary-Rose Goes, RIP</p> <hr style="width: 20%; margin-left: 0;"/> <p><b>Tues: June 9: No Mass</b></p> <hr style="width: 20%; margin-left: 0;"/> <p><b>Wed: June 10: Feria</b></p> <p>6.45pm: Exposition of the Bl. Sacrament</p> <p>7.30pm Mass: Pastor Jurado Cilley, RIP</p> <hr style="width: 20%; margin-left: 0;"/> <p><b>Thu: June 11: St. Barnabas, Apostle (Memorial)</b></p> <p>8.45am: Exposition of the Bl. Sacrament</p> <p>9.30am Mass: Holy Souls</p> <hr style="width: 20%; margin-left: 0;"/> <p><b>Fri: June 12: Solemnity of the Most Sacred Heart of Jesus (A)</b></p> <p>8.45am: Exposition of the Bl. Sacrament</p> <p>9am: Divine Mercy Novena</p> <p>9.30am Mass: Mary Ann Keenan, RIP</p>	<p><b>Sun: June 14: The Eleventh Sunday (A)</b></p> <p>9am Mass: Pro Populo</p> <p>11am Mass: Arinze Nwafor, BT and Tahirah Felix, 18<sup>th</sup> BT</p> <p><b>Note:</b></p> <p>SI means Special Intention  SR means Speedy Recovery  BI means Blessed  GB means God's Blessings  GP means God's Protection  WB means Well-Being  TG means Thanksgiving  PI means Private Intentions  BT means Birthday Thanksgiving  WA means Wedding Anniversary  Pro Populo: People of the Parish  <b>Private Mass:</b> Mass to be said by the Priest alone</p>

### CONTACT & FOLLOW US

**Website:** <http://www.ourladyofthecrays.com/>  
**Live streamed & past masses, YouTube channel 'crays parish':**  
<https://www.youtube.com/@craysparish7800/streams>