



**OUR LADY OF THE CRAYS RC CHURCH, CRAY VALLEY**  
312 High Street, St Mary Cray, Kent BR5 4AR



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**Parish Priest: Fr. Cyriacus Okafor**  
**Deacon: Reverend Longinus Anyanjo**  
**Parish Secretary: Dominica Winter**

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**PRIMARY SCHOOLS**

**St. Philomena's**  
Tel: 01689 826550  
Chelsfield Road, BR5 4AD  
Head Teacher: Miss V Maher

**St. Peter & St. Paul**  
Tel: 01689 828208  
St Paul's Wood Hill, BR5 2SR  
Head Teacher: Miss Everson

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**Our Lady's Pre-School - [www.ourladyspreschool.net](http://www.ourladyspreschool.net)**  
Manager: Anne-Marie Glancy Tel: 01689 872495/ Mob: 07983 660589

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**To hire the Parish Hall for any event please contact: 01372 457651**

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**SUNDAY 24<sup>TH</sup> MAY 2026**  
**PENTECOST SUNDAY**

*'When Pentecost day came round, they had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven.... and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech. (Acts 2:1-4)*

Today, we have every reason to be happy as we mark the birthday of the missionary life of the Church, the beginning of the new Covenant and the public life of the Church. The Pentecost event happened fifty days after the resurrection and concludes the Easter Season, wherein the Holy Spirit, continues and reinforces the earthly mission of Christ through His seven gifts – Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety and Fear of God.

In the Pentecost experience, Jesus fulfils His promises to His disciples by allowing them to be inundated with the fiery powers of the Holy Spirit.

The immediate effect of the descent of the Holy Spirit on the disciples was the gift of speaking in tongues and the courage to proclaim the Good News fearlessly to the whole world. This period calls for a special relationship with the Holy Spirit and we can develop this through quiet contemplation in Prayer. As we celebrate this feast, may God grant us the seven gifts of the Holy Spirit and may the power of the Holy Spirit reinvigorate our zeal to preach the Good News by our simple acts of kindness, charity and love to all who come our way. Happy Feast Day!

### **Confiteor (I Confess)**

**I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore, I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.**

### **Kyrie, eleison.**

Lord, have mercy	<b>Lord, have mercy.</b>	Kyrie, eleison	<b>Kyrie, eleison.</b>
Christ, have mercy	<b>Christ, have mercy.</b>	Christe, eleison	<b>Christe, eleison.</b>
Lord, have mercy	<b>Lord, have mercy.</b>	Kyrie, eleison	<b>Kyrie, eleison.</b>

### **The Gloria**

**Glory to God in the highest,  
and on earth peace to people of good will.**

**We praise you, we bless you, we adore you, we glorify you,  
we give you thanks for your great glory.**

**Lord God, heavenly King, O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,**

**You take away the sins of the world, have mercy on us;  
you take away the sins of the world, receive our prayer;  
you are seated at the right hand of the Father, have mercy on us.**

**For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory  
of God the Father. Amen**

### **READINGS FOR VIGIL MASS**

#### **First Reading: A reading from the Book of Exodus 19: 3-8a, 16-20b**

In those days: Moses went up to God. The Lord called to him out of the mountain, saying, 'Thus you shall say to the house of Jacob, and tell the people of Israel: "You yourselves have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself. Now therefore, if you will indeed obey my voice and keep my covenant, you shall be my treasured possession among all peoples, for all the earth is mine; and you shall be to me a kingdom of priests and a holy nation." These are the words that you shall speak to the people of Israel.'

So Moses came and called the elders of the people and set before them all these words that the Lord had commanded him. All the people answered together and said, 'All that the Lord has spoken we will do.'

On the morning of the third day there was thunder and lightning and a thick cloud on the mountain and a very loud trumpet blast, so that all the people in the camp trembled. Then Moses brought the people out of the camp to meet God, and they took their stand at the foot of the mountain. Now Mount Sinai was wrapped in smoke because the Lord had descended on it in fire. The smoke of it went up like the smoke of a kiln, and the whole mountain trembled greatly. And as the sound of the trumpet grew louder and louder, Moses spoke, and God answered him in thunder. The Lord came down on Mount Sinai, to the top of the mountain. And the Lord called Moses to the top of the mountain.

**The Word of the Lord.**

***Thanks be to God.***

**Responsorial Psalm: Ps 104: 1-2a, 24, 35c, 27-28, 29b-30**

Bless the Lord, O my soul! O Lord my God, how great you are,  
clothed in majesty and honour, wrapped in light as with a robe! **R**

How many are your works, O Lord! In wisdom you have made them all.  
The earth is full of your creatures. Bless the Lord, O my soul. **R**

All of these look to you to give them their food in due season.  
You give it, they gather it up; you open wide your hand, they are well filled. **R**

You take away their breath, they die, returning to the dust from which they came.  
You send forth your spirit, and they are created,  
and you renew the face of the earth. **R**

**Second Reading: A reading from the Letter of Saint Paul to the Romans  
8: 22-27**

Brothers and Sisters: We know that the whole creation has been groaning together  
in the pains of childbirth until now. And not only the creation, but we ourselves, who  
have the first fruits of the Spirit, groan inwardly as we wait eagerly for adoption as  
sons, the redemption of our bodies. For in this hope we were saved. Now hope that  
is seen is not hope. For who hopes for what he sees? But if we hope for what we do  
not see, we wait for it with patience.

Likewise the Spirit helps us in our weakness. For we do not know what to pray for  
as we ought, but the Spirit himself intercedes for us with groanings too deep for  
words. And he who searches hearts knows what is the mind of the Spirit, because  
the Spirit intercedes for the saints according to the will of God.

**The Word of the Lord.      *Thanks be to God.***

**Gospel Acclamation**

**Alleluia, alleluia!**

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your  
love.

**Alleluia!**

**THE GOSPEL: A reading from the Gospel according to John 7: 37-39**

On the last day of the feast, the great day, Jesus stood up and cried out, 'If anyone  
thirsts, let him come to me and drink. Whoever believes in me, as the Scripture has  
said, "Out of his heart will flow rivers of living water." ' Now this he said about the  
Spirit, whom those who believed in him were to receive, for as yet the Spirit had  
not been given, because Jesus was not yet glorified.

**The Gospel of the Lord.      *Praise to you, Lord Jesus Christ.***

**READINGS FOR SUNDAY DAYTIME MASSES**

**First Reading: A reading from the Acts of the Apostles 2: 1-11**

When the day of Pentecost arrived, the Apostles were all together in one place. And  
suddenly there came from heaven a sound like a mighty rushing wind, and it filled  
the entire house where they were sitting. And divided tongues as of fire appeared  
to them and rested on each one of them. And they were all filled with the Holy Spirit  
and began to speak in other tongues as the Spirit gave them utterance.

Now there were dwelling in Jerusalem Jews, devout men from every nation under  
heaven. And at this sound the multitude came together, and they were bewildered,

because each one was hearing them speak in his own language. And they were amazed and astonished, saying, 'Are not all these who are speaking Galileans? And how is it that we hear, each of us in his own native language? Parthians and Medes and Elamites and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabians — we hear them telling in our own tongues the mighty works of God.'

**The Word of the Lord.      *Thanks be to God.***

**Responsorial Psalm: Ps 104: 1ab, 24ac, 29b-30, 31, 34**

***Response:*** *Send forth your spirit, O Lord, and renew the face of the earth.*

Bless the Lord, O my soul! O Lord my God, how great you are!  
How many are your works, O Lord! The earth is full of your creatures. **R**

You take away their breath, they die, returning to the dust from which they came.  
You send forth your spirit, and they are created,  
and you renew the face of the earth. **R**

May the glory of the Lord last for ever! May the Lord rejoice in his works!  
May my thoughts be pleasing to him. I will rejoice in the Lord. **R**

**Second Reading: A reading from the First Letter of St. Paul to the Corinthians 12: 3b-7, 12-13**

Brothers and Sisters: No one can say 'Jesus is Lord' except in the Holy Spirit. Now there are varieties of gifts, but the same Spirit; and there are varieties of service, but the same Lord; and there are varieties of activities, but it is the same God who empowers them all in everyone. To each is given the manifestation of the Spirit for the common good.

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in one Spirit we were all baptised into one body — Jews or Greeks, slaves or free — and all were made to drink of one Spirit.

**The Word of the Lord.      *Thanks be to God.***

**Gospel Acclamation**

**Alleluia, alleluia!**

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.

**Alleluia!**

**THE GOSPEL: A reading from the Gospel according to John 20: 19-23**

On the evening of that day, the first day of the week, the doors being locked where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, 'Peace be with you.' When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. Jesus said to them again, 'Peace be with you. As the Father has sent me, even so I am sending you.' And when he had said this, he breathed on them and said to them, 'Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you withhold forgiveness from any, it is withheld.'

**The Gospel of the Lord.      *Praise to you, Lord Jesus Christ.***

## The Nicene Creed

**I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.**

**I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit (*all bow*) was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.**

## THE LITURGY OF THE EUCHARIST

Pray brothers and sisters, that my sacrifice and yours may be acceptable to God, the Almighty Father.

**May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

### **SANCTUS**

#### English

**Holy, Holy, Holy Lord God of hosts.**

**Heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of**

**the Lord.**

**Hosanna in the highest.**

#### Latin

***Sanctus, Sanctus, Sanctus  
Dóminus Deus Sábaoth***

***Pleni sunt caeli et terra glória tua.  
Hosána in excélsis.***

***Benedíctus qui venit in nómine***

***Dómini.***

***Hosána in excélsis.***

We shall pray **Preface of the Solemnity of Pentecost** and say **Eucharistic Prayer I**

### The Mystery of Faith

**When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.**

#### English

**Lamb of God, who takes away the sins of the world, have mercy on us.**

**Lamb of God, who takes away the sins of the world, have mercy on us.**

**Lamb of God, who takes away the sins of the world, grant us peace.**

#### Latin

***Agnus Dei, qui tolis peccata mundi, miserere nobis.***

***Agnus Dei, qui tolis peccata mundi, miserere nobis.***

***Agnus Dei, qui tolis peccata mundi, dona nobis pacem.***

***O Sacrament most Holy, O Sacrament Divine,  
All praise and all thanksgiving, be every moment thine (x 3)  
what they promise, through the same Christ our Lord. Amen.***

## **PARISH INFORMATION, FAITH NEWS & MISSION**

**Lectio Divina:** We encourage parishioners to join us for Lectio Divina on Wednesdays from 6.30-7.15pm. The sessions will be followed by the evening Mass. Please bring your bible.

**May Devotion:** May is the month of Mary. We shall be saying the rosary before each Mass all through the month of May. Please join in this special devotion.

**May Birthdays:** On the weekend of the 30<sup>th</sup> and 31<sup>st</sup> of May we will be celebrating all our parishioners who were born in the month of May. If you have a May birthday and your name is not already on the list in the porch, please add it on.

**Divine Mercy Novena:** The Divine Mercy Novena will be said at 9am each Friday, before the morning Mass.

**Baptism:** If you are a practicing parishioner and would like to have your child Baptised here, please contact Reverend Longinus on [longinusanyanjo@rcaos.org.uk](mailto:longinusanyanjo@rcaos.org.uk). The next Pathways to Baptism course takes place on the 9<sup>th</sup> and 16<sup>th</sup> of June.

**St. Vincent de Paul Society:** If there is anyone sick or housebound in the parish that would benefit from regular visits by the SVP, or if there are any families or individuals in need, please contact Gabriel Greenspan on 07958 369383. Confidentiality is assured in all cases.

**New Parishioners:** If you are new to the parish, you are very welcome. Please introduce yourself to Fr. Cyriacus after Mass. If you would like to join our parish database, forms are available in the porch and can be returned to the Parish Office.

### **BANK DETAILS**

For bank transfers to the Parish –  
Account Name: RCAS Cray Valley  
Account Number: 50533401  
Sort Code: 60-16-03

*Thank you for your generosity to your parish.*

### **LIVE STREAMING**

This parish routinely livestreams the 11am Mass on Youtube between 10.30am and 12.30pm on Sundays. You may appear on camera **only** if you approach the altar without prior notice to the recording team during this time. The camera is set to avoid capturing parishioners receiving Holy Communion. If you have any concerns, please speak to the Priest or Communications Team.

## Readings For The Week Ahead:

	<b>1<sup>st</sup> Reading</b>	<b>Psalm</b>	<b>Gospel</b>
<b>25/05/26</b>	Acts 1: 12-14	Ps 87:1-3,5-7	John 19:25-34
<b>26/05/26</b>	1 Peter 1:10-16	Ps 98:1-4	Mark 10:28-31
<b>27/05/26</b>	1 Thessalonians 2:2b-8	Ps 96:1-3,7-8,10	Luke 10:1-9
<b>28/05/26</b>	Hebrews 10:4-10	Ps 40:7-10,17	Matthew 26:36-42
<b>29/05/26</b>	1 Peter 4:7-13	Ps 96:10-13	Mark 11:11-26
<b>30/05/26</b>	Jude 17,20-25	Ps 63:2-6	Mark 11:27-33

### **CHURCH MINISTRIES**

	<b>23<sup>rd</sup> &amp; 24<sup>th</sup> May</b>	<b>30<sup>th</sup> &amp; 31<sup>st</sup> May</b>
<b>READERS 6PM</b>	G Selvaraj P Lobo	L Winter D Fufeyin
<b>READERS 9AM</b>	A Garber T Wickenden	M Francis F Garber
<b>READERS 11AM</b>	M Ollie M Adepoju	P Chitongo W Chung
<b>EUCCHARISTIC MINISTERS 6PM</b>	N Omo-Idahosa	D Winter
<b>EUCCHARISTIC MINISTERS 9AM</b>	I Floyd M Abu	T Meaney K Wingfield
<b>EUCCHARISTIC MINISTERS 11AM</b>	M Alademerin H Anseline	M McEveney N Adewale
<b>CLEANING</b>	Team 4 – Chris Meaney	Team 5 – Chris Meaney
<b>LINEN</b>	Ese Temeinor	Helen Coker

### **PLEASE PRAY FOR THE SICK AND THE HOUSEBOUND**

Please continue to pray for: Alison Hannah, Helen Efemini, Sister Maureen Fay, Mary Mackay, Clara Soares, Jennifer Smith, Mary O'Lone, Eamon Murphy, Shelagh Murphy, File Marku, Douglas Lewis, Terry Wingfield, Salma Lamina, Titus Mwangangi, all the Sick Clergy of the Diocese and the housebound of the Parish.



### **BOOK OF REMEMBRANCE - MAY**



We remember in our prayers: Margaret Downes, Peter Storer, Mary Ann McNally, Julianna Akogboso, Anthony Reeves, Gerald Coleman, James Bryne, Isobel Kooper, Bill Glancy, M.Fitzpatrick, Bridget Kelly, Charles Plowman, Owen Wait, Michael Downes, Margaret Sheridan, Emanuel Camilleri, Nancy Jarrold, Francis William Allen, Owen Toland, Sheila James, Charles James, Frank McMahan, Josephine Della, Rose Bateman, John Sheridan, Sheila Conway, Michael Lynch, John Fleming, Joanne Walker, Terence Crowley, Phyllis Eyre, John Twomey, Veronica Esenwah, Patrick O'Shea, Kate Wait, Alexander Kelly, Robert Burchell, Eilish O'Sullivan, Stella Hill, Thomas Murray, Raja Perera, Charlotte Wickenden, Kevin Dwane, Catherin Egbukwu, Barry Clarke, Eustace Rudolph, Sylvia Sobemheim, Dr. Tony Juwah, John Gerreyn, Danny McNally, Michael Lyons, Rose Bateman, Denis O'Donoghue, Vidmantas Grigaliunas and Mary Brophy.

## DIARY FOR THE WEEK

<p><b>Sun: May 24: Pentecost Sunday (A)</b>          6pm Mass (Sat. Vigil): Helen Efemini, BT          9am Mass: Pro Populo          11am Mass: Mary Adepoju, BT  <i>(11am Mass Livestreamed on YouTube)</i></p>	<p><b>Sat: May 30: Vigil of Solemnity of the Most Holy Trinity (A)</b>          5.15-5.45pm: Confessions          6pm Mass (Sat. Vigil): Katherine Bingley, RIP</p>
<p><b>Mon: May 25: Mary, Mother of the Church (Memorial)</b>          8.45am: Exposition of the Bl. Sacrament          9.30am Mass: Holy Souls</p> <hr/> <p><b>Tues: May 26: No Mass</b></p> <hr/> <p><b>Wed: May 27: St. Augustine of Canterbury, Bishop, Apostle of England (Feast)</b>          6.45pm: Exposition of the Bl. Sacrament          7.30pm Mass: Margaret Nuttman, BT and Peter Glynn, RIP</p> <hr/> <p><b>Thu: May 28: Our Lord Jesus Christ, Eternal High Priest (Feast)</b>          8.45am: Exposition of the Bl. Sacrament          9.30am Mass: Fredrick Okafor, RIP</p> <hr/> <p><b>Fri: May 29: Feria</b>          8.45am: Exposition of the Bl. Sacrament          9am: Divine Mercy Novena          9.30am Mass: Holy Souls</p>	<p><b>Sun: May 31: Solemnity of the Most Holy Trinity (A)</b>          9am Mass: Pro Populo          11am Mass: Clement Ehiosum, TG</p> <p><b>Note:</b>          SI means Special Intention          SR means Speedy Recovery          Bl means Blessed          GB means God's Blessings          GP means God's Protection          WB means Well-Being          TG means Thanksgiving          PI means Private Intentions          BT means Birthday Thanksgiving          WA means Wedding Anniversary          Pro Populo: People of the Parish  <b>Private Mass:</b> Mass to be said by the Priest alone</p>

### CONTACT & FOLLOW US

**Website:** <http://www.ourladyofthecrays.com/>

**Live streamed & past masses, YouTube channel 'crays parish':**

<https://www.youtube.com/@craysparish7800/streams>